


# How God Comforts You in Your Grief



One thing is certain about life:  
Bad things are going to  
happen, and you will grieve.  
But you don't have to grieve  
without hope. God himself will  
comfort you. He said, "*God  
blesses those who mourn, for  
they will be comforted*"  
(Matthew 5:4 NLT).

**Here are six ways God  
blesses your broken heart:**

# God draws you close to himself.

Psalm 34:18 promises, *“The LORD is close to the brokenhearted”* (NCV). When you’re grieving, God can feel far away—but he’s never been closer. He says, *“I will never leave you; I will never abandon you”* (Hebrews 13:5 NCV).

# God grieves with you.

He doesn't stand on the sidelines, apathetic to your suffering. The Bible says that Jesus was "*a man of suffering, and familiar with pain*" (Isaiah 53:3 NIV). He suffers and grieves with you.



# God gives you a church family.

You're not meant to grieve alone. Healing comes when we carry sorrow together. *"Rejoice with those who rejoice and mourn with those who mourn"* (Romans 12:15).


# God uses grief to help you grow.

Grief can draw you closer to God and shape your character. The Bible says that trials produce perseverance, character, and hope (Romans 5:3-4). They also prepare you for eternity (2 Corinthians 4:17-18).



# God gives you the hope of heaven.

And because of that hope, we grieve differently. One day, God *“will wipe every tear”* and make all things new (Revelation 21:4). What hurts now will not last forever.



# God uses your pain to help others.

He never wastes a hurt. *“He comforts us in all our troubles so that we can comfort others. When they are troubled, we will be able to give them the same comfort God has given us”*  
(2 Corinthians 1:4 NIV).